



MAKERERE UNIVERSITY

# SAFEGUARDING STARTS WITH ME

My safety and  
your safety is  
our collective  
responsibility

Forms of Abuse	Examples Of Abusive or Harmful Behavior to Report
<b>Physical Abuse</b>	<ul style="list-style-type: none"> <li>Smacking, Caning, Hitting, Slapping, Corporal punishment, Shaking someone aggressively</li> <li>Burning, Poisoning, Drowning, Suffocating</li> </ul>
<b>Sexual Abuse</b>	<ul style="list-style-type: none"> <li>Rape or Sexual Assault</li> <li>Being touched inappropriately</li> <li>Being forced to look at sexual pictures or videos or watch someone do something sexual</li> <li>Being forced to make sexually explicit pictures or videos</li> <li>Sharing sexually explicit videos of children, students or staff.</li> <li>Made to do something sexual to someone that is uncomfortable or wrong</li> </ul>
<b>Emotional/ Psychological Abuse (Harassment)</b>	<ul style="list-style-type: none"> <li>Unwanted physical, verbal or non-verbal conduct that has the purpose or effect of violating a person's dignity (Verbal abuse)</li> <li>Creating an intimidating, hostile, degrading, humiliating or offensive environment.</li> <li>Isolation or non-cooperation at work, exclusion from social activities</li> <li>Intrusive behaviours such as pestering, spying, stalking</li> <li>Restriction of movement</li> <li>Belittling; Denigrating, Threatening, Scaring</li> </ul>
<b>Sexual Harassment</b>	<ul style="list-style-type: none"> <li>Verbal and written harassment through sexually offensive jokes, language, gossip and slander</li> <li>Visual displays of posters, graffiti, obscene gestures</li> <li>Coercion for sexual favours</li> <li>Treating someone less favourably because they have submitted or refused to submit to sexual behaviour</li> </ul>
<b>Sexual Exploitation</b>	<ul style="list-style-type: none"> <li>Exchange of money, employment, goods, or services for sex or sexual favours</li> <li>Grooming to sexually manipulate, exploit, or abuse</li> <li>Trafficking someone online or in person for sexual engagements</li> <li>Using or paying a sex worker; watching or sharing pornography</li> </ul>
<b>Financial or Commercial Exploitation</b>	<ul style="list-style-type: none"> <li>Child labour</li> <li>Exploitation of workers or students</li> <li>Stealing from another person or cheating them</li> </ul>
<b>Neglect or Negligent Treatment</b>	<ul style="list-style-type: none"> <li>Deliberately not providing care or attention</li> </ul>
<b>Discrimination</b>	<ul style="list-style-type: none"> <li>Unjust treatment based on a person's ethnicity/nationality, faith affiliation, age, sex, form/nature of disability</li> </ul>
<b>Bullying Including Cyberbullying</b>	<ul style="list-style-type: none"> <li>Can take the form of physical, verbal and non-verbal conduct - online and in-person</li> <li>Overbearing and intimidating levels of supervision</li> <li>Inappropriate derogatory remarks about someone's performance</li> <li>Misuse of social media and digital communication channels to harass, intimidate, or threaten a person</li> <li>Posting hurtful or threatening messages on social media and sending inappropriate texts or emails</li> </ul>

Safety Matters at Mak

Visit MakSafeSpace:  
<https://safespace.mak.ac.ug/>



Scan  
Me!



## WHERE AND WHO TO REPORT TO

- Via the e-reporting system -MakSafeSpace (<https://safespace.mak.ac.ug>)
- The Inclusion and Safeguarding Liaison Office
- The Quality Assurance Directorate – (*Senate Building Room 203*)
- The Gender Mainstreaming Directorate – (*Senate Building Room 401/402*)
  - The Gender Mainstreaming Directorate - Hotline 0755797130
- Office of the Dean of Students (*Senate Building Room 208*)
- College Principal/School Dean/Head of Department
- The College Safeguarding Champion
- Head of Administrative/ Support Unit
- Guild Leadership (*Ministers and GRCs*)
- Makerere Counselling and Guidance Centre (*Opposite Mary Stuart Hall*)
- Makerere University Hospital (*Opposite the Main gate*)
- Makerere University Police (*Close to the Eastern gate*)
- Religious Leaders (*St. Augustine Chaplain, St. Francis Chaplain and University Imam*)