



Official LAUNCH



eResources for Health Website



www.eresourcesforhealth.org



8.00 am

1 **Aerobics**

8.30 am

2 **Breakfast**

Free

3 **Wellness Check:**
BMI, waist circumference,
blood glucose, muscle strength
blood pressure and more



21 JUN
2024

Main Programme:

9am - 12noon

Venue:

**Science Quadrangle, Makerere
University Main Campus**

R.S.V.P

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