

# Workshop “Ageing and Health of Older Persons in Sub-Saharan Africa” (Entebbe, February 20-22, 2023)

## Preliminary schedule as of January 25, 2023

### Day 1 (Feb. 20): Ageing, Health and Well-being

*Day chair: Stephen Ojiambo Wandera*

9:00 – 10:00 **Welcome Address**  
*Makerere University + Ministry of Gender, Labour and Social Development (MGLSD)*  
*Group Photo*

10:00 – 10:30 **Coffee/Tea break**

#### **Session 1: Ageing, Health Outcomes and Ageism**

10:30 – 11:00 **Rufus Akinyemi**  
Keynote speech: Data and Research on ageing and health in Africa: Current and Future Needs

11:00 – 12:30 **Amani Hachimou, Aboubacar C. Nourouline**  
Physical health of the elderly and associated factors in rural Niger

**Razak Gyasi**

Modeling activity limitations and emotional dysfunction pathways from pain to sleep disturbance:

Evidence from a large, representative Ghanaian aging study

**Isaac Yeboah**

Place of residence, work status and health-related Quality of life of elderly population in Ghana

**Jacob Wale Mobolaji**

Multidimensional deprivations and associated factors among older adults in urban geographies of Nigeria: Implication for poor health outcomes in later life

**Lucy K.L. Mandillah**

Language and Cultural Stereotypes Associated with Ageism among University Students in Kenya

12:30 – 13:30 **Lunch break**

#### **Session 2: Ageing Policies, Well-being and Demographic Indicators**

13:30 – 14:00 **Mike Murphy**  
Keynote speech: Social Differentials in Disability Among Older People in Sub-Saharan Africa

14:00 – 15:30 **Jasmine L. Kahou Nzouyem, Valérie Golaz, Géraldine Duthé and Cécile Lefèvre**  
Ageing dynamics and public policies towards the older population in Sub-Saharan Africa

**Monica Jamali-Phiri**

Measurement scale for assessing the well-being of older persons in Malawi

**Soumaila Ouedraogo, Ouellette Nadine, Duthé Geraldine, Camarda Carlo Giovanni**

Adult modal age at death in contexts lacking good vital registration systems: Insights from sub-Saharan African data

**Simon Boateng**

Physical activity and predictors of loneliness in community-dwelling older adults: The role of social connectedness

**Anastasia Lam**, Katherine Keenan, Mikko Myrskylä, Hill Kulu

Multimorbid Life Expectancy Across Race, Socioeconomic Status, & Gender in South Africa

15:30 – 16:00 **Coffee break**

16:00 – 17:30 **Round Table and Open Discussion – Topic: Academic/Research Needs from Policy Organizations**

*Round Table: WHO, UN, Ministry of Health, Ministry of Gender, Labour and Social Development*

17:30 – 18:30 **Free time**

18:30 **Welcome Dinner**

**Day 2 (Feb. 21): Public and Private Support; Health and Healthcare**

*Day chair: Tobias Vogt*

**Session 3: Intergenerational Relationships – Public and Private Support**

9:00 – 9:30 **Valérie Golaz**

Keynote speech: Public and Private Support Needs and Provision

9:30 – 11:00 **Chijioke Prosper**

Older People's Experiences of Community Support in Nigeria

**Frederick Amon-Armah**, Jilong Wu, Edward Asiedu, Robert Lensink, Annika Mueller, Frank Owusu-Ansah

Aspirations, Agency, and Pathways Regarding Old Age Welfare: A Study in Rural Ghana

**Milka Omuya**, Enid Schatz, Carol Wainaina, Sangeetha Madhavan

Connecting with *Shosho* & *Guka*: Grandparents' roles and presence in the lives of mothers and young children in Nairobi

**Sam Agbahoungba**, Latif Dramani, Edem Akpo, Bakary Dosso

Analysis of ageing in ECOWAS zone in the lens of national transfer accounts (NTA) methodology

**Mark Aviisah**

Intergenerational Support and Health in Rural Ghana

11:00 – 11:30 **Coffee break**

11:30 – 12:00 **Sebastiana Kalula**

Keynote speech (*title to be confirmed*)

12:00 – 13:15 **Lunch break**

**Session 4: Healthcare, Chronic Disease and Cognitive Functioning**

13:15 – 14:45 **Abel Nzabona**

Are Uganda's cities age-friendly? Analysing prevalence and accessibility of urban greenspaces

**Daniel Boateng**, Kingsley Boakye, Yeetey Enuameh

Healthcare for the elderly population in Ghana: a systematic review of challenges, current interventions and policies

**Jepchirchir Kiplagat**, Violet Naanyu, Jemimah Kamano, Rajesh Vedanthan, Sonak Pastakia, Kara Wools-Kaloustian

HIV and Aging: Opportunities to optimize care for older adults living with HIV at Moi Teaching and Referral Hospital, western Kenya

**Monica Ewomazino Akokuwebe**

Prevalence and Association of HIV and Tuberculosis Status in older Adults in South Africa: an Urgent Need to Escalate the Scientific and Political Attention to Ageing and Health

**Ritu Rani**, Razak M. Gyasi, Géraldine Duthé

Association between Physical Activity and Cognitive Function among older adults in Ghana: Evidence from WHO-SAGE Wave-2

14:45 – 15:15 **Coffee break**

15:15 – 16:45 **Lightning Talks of Policy Makers (MGLSD, MOH), NGOs and African Academics – Open Discussion – Topic: Local approaches, local networks, local needs**

*Ugandan Civil Society, Government, Junior and Senior Scholars*

16:45 – 17:00 **Short break**

17:00 – 18:00 **Session on Data Collection and Data Overview**

18:00 – 18:30 **Free time**

18:30 **Dinner**

### **Day 3 (Feb. 22): Changing Family Dynamics; Chronic Disease and Disability**

*Day chair: Elke Loichinger*

#### **Session 5: Living Arrangements, Family Dynamics and Social Support**

09:00 – 9:30 **Karoline Schmid**

Keynote speech: Changing Living Arrangements of Older Persons

9:30 – 11:00 **Willy Adrien Yakam**, Vissého Adjiwanou, Yves Carrière, Thomas LeGrand

Do Living Arrangements of Older People and Inter-household Transfers they Received Matter for their Self-reported Health? Evidence from Senegal

**Samuel Obinna Ebimgbo**

Challenges of left-behind older family members with international migrants in south-east Nigeria

**Ben Malinga John**, Natalie Nitsche

Marriage dynamics and population ageing in sub-Saharan Africa: Are women growing old alone?

**Ignatius Gutsa**

Making Ends Meet: Experiences of Older Women Heading Households in Rural Domboshava, Zimbabwe

**Kezia Mbuthia**

Implications of providing social support to close network members on the social well-being of older persons in Kitui County, Kenya

11:00 – 11:30 **Coffee break**

11:30 – 12:00 **Janet Seeley**

Keynote speech: Older People's Health Through the Lens of Past Illness Experience in Uganda

12:00 – 13:30 **Lunch break**

### Session 6: Chronic Disease and Disability

- 13:30 – 15:00 **Judith Ifunanya Ani, Uche C. Isiugo-Abanihe**  
Coping Strategies and Correlates of Disability among Older Adults in South-eastern Nigeria  
**Mary Muyonga, Anne Khasakhalaa, B Jarabia, S Wakibia, Lydia Makenab, Jude Otogob**  
Gender differences in malnutrition of Older Persons living in Nairobi  
**Matilda Obeng, Sandra Boatemaa Kushitor, Edward Kofi Sutherland, Millicent Ofori Boateng, Stephen Manortey**  
Adherence to treatment among the elderly living with hypertension, diabetes and stroke in Ghana  
**Maatla Dave Temane, Mluleki Tsawe**  
Prevalence and determinants of self-reported chronic disease diagnoses among elderly persons in South Africa  
**Peter Kisaakye**  
HIV knowledge, attitudes and stigma among sexually active older persons in Uganda
- 15:00 – 15:30 **Coffee break**
- 15:30 – 17:00 **Network Building of Junior and Senior Scientists, Working on Overview of Ageing Research Projects in Sub-Saharan Africa**  
*Samuel M. Mwangi "How to set up and register a national professional society on Geriatrics and Gerontology in Kenya: Achievements and Challenges"*
- 17:00 – 18:00 **Concluding session**
- 18:30 **Closing ceremony - Farewell dinner**