



**THE GLOBAL SOUTH-NORTH COLLABORATION SCIENTIFIC MEETING ON
CARDIOVASCULAR DISEASE PREVENTION**

9TH MARCH 2022

GOLF COURSE HOTEL, KAMPALA, UGANDA

THEME: CARDIOVASCULAR DISEASE PREVENTION IN EUROPE AND SUB-SAHARAN AFRICA: LESSONS AND EXPERIENCES

PROGRAMME (08:00 to 17:00)

TIME	ACTIVITY	PRESENTER
07:30 – 08:00	Arrival and registration of participants	Secretariat
	ORAL PRESENTATIONS Session 1 (08:00 – 09:00)	Chair: Prof. Dan Monyeki, <i>University of Limpopo, South Africa</i>
08:00 – 08:07	Hypertension prevalence and determinants among black South African adults in semi-urban and rural areas	Peter M. Mphekgwana <i>University of Limpopo, South Africa</i>
08:07 – 08:14	Association between household food insecurity and hypertension among adults in Arua Municipality, Uganda	Daisy Tengo <i>Makerere University, Uganda</i>
08:14 – 08:21	Self-management strategies for patients with risk factors to reduce the impact of cardiovascular disease in selected clinics in Limpopo Province, South Africa	Nancy Kgatla <i>University of Limpopo, South Africa</i>
08:21 – 08:28	Accuracy of neck circumference as a screening test for cardiovascular diseases risk	Dr. Moses Kiwanuka Ssebuliba <i>Uganda Heart Institute, Uganda</i>
08:28 – 08:35	Evaluating the predictability of Conicity index (CI) on cardiovascular disease among adults in Uganda	Babra Nawasige <i>Makerere University, Uganda</i>
08:35 – 08:42	Tackling noncommunicable diseases in Uganda: Ministry of Health policy guidelines, strategies and current interventions	Dr. Gerald Mutungi <i>Ministry of Health, Uganda</i>
08:42 – 09:00	Discussion	
	ORAL PRESENTATIONS Session 2 (09:00 – 10:00)	Chair: Dr. Annette Nakimuli, <i>Makerere University, Uganda</i>
09:00 – 09:07	Integrating clinic services for the management of HIV, diabetes, and hypertension: the experience of the INTE AFRICA trial in Uganda.	Dr. Josephine Birungi <i>MRC/UVRI/LSHTM</i>





09:07 – 09:14	Integrated Multi-Month Dispensing of Antihypertensive and Antiretroviral therapy to sustain Hypertension and HIV control.	Dr. Isaac Derick Kimera <i>Makerere University Joint AIDS Program, Uganda</i>
09:14 – 09:21	Developing and tailoring a comprehensive program for prevention of cardiovascular disease prior to its implementation in general practices in Belgium	Naomi Aerts <i>University of Antwerp, Belgium</i>
09:21 – 09:28	Cardiovascular disease risk, knowledge and attitudes towards heart health in the Nottingham Conurbation, UK: A baseline survey	Mark Bowyer <i>Nottingham Trent University, UK</i>
09:28 – 09:35	Effect of a nurse-led lifestyle choice and coaching intervention on systolic blood pressure among type 2	Dr. William Lumu <i>Mengo Hospital, Uganda</i>

	diabetic patients with a high atherosclerotic cardiovascular risk: a cluster randomized trial	
09:35 – 09:42	Patient-facing mHealth application for heart failure empowers patient self-management	Dr. Isaac Ssinabulya <i>Uganda Heart Institute, Uganda</i>
09:42 – 10:00	Discussion	
10:00 – 10:30	BREAK	Ms Clare Ajokot
	ORAL PRESENTATIONS SESSION 3 (10:00 – 11:39)	Chair: Prof. David Guwattude <i>Makerere University, Uganda</i>
10:30 – 10:37	SPICES Sussex: A community engagement intervention for cardiovascular disease prevention in socially disadvantaged populations in the UK: an implementation research study	Dr. Thomas Grice-Jackson <i>Brighton and Sussex Medical School, UK</i>
10:37 – 10:44	Evaluation of the implementation of a comprehensive intervention program for prevention of cardiovascular diseases in community settings in Belgium: using the REAIM and CFIR Frameworks	Dr. Kathleen Van Royen <i>University of Antwerp, Belgium</i>
10:44 – 10:51	Understanding Heart Health and How Cardiovascular Unfriendly Settings are Created: Photos that Speak	Nchafack Almighty <i>Nottingham Trent University, UK</i>
10:51 – 10:58	Evidence on community-based cardiovascular disease prevention interventions to improve physical activity and	Hamid Hassen <i>University of Antwerp, Belgium</i>



	CVD knowledge: a systematic review and met regression	
10:58 – 11:05	Enhancing the capacity of Community Health Workers in the prevention and control of cardiovascular diseases and other non-communicable diseases in Wakiso District, Uganda	Dr. David Musoke <i>Makerere University, Uganda</i>
11:05 – 11:12	Keeping CHWs motivated and sustaining CVD intervention efforts in Mukono and Buikwe districts	Ritah Kabira <i>Makerere University, Uganda</i>
11:12 – 11:19	A 2-years hybrid type 1 implementation randomized control trial (RCT) evaluating behavioural change led by community champions versus brief advice only on CVD risk profile in PAYS COB, France	Dr. Delphine Le Goff <i>Brest University, France</i>
11:19 – 11:39	Discussion	
11:40 – 13:10	PANEL 1 - Implementing a CVD prevention programme in Europe and Sub-Saharan Africa: What are the key lessons?	Chair – Prof. Fred Nuwaha <i>Makerere University, Uganda</i>
	<p>Panellists</p> <ol style="list-style-type: none"> 1. Dr. Geoffrey Musinguzi, <i>SPICES Uganda – Makerere University</i> 2. Prof. Hilde Bastiaens, <i>SPICES Belgium – University of Antwerp</i> 3. Prof. Linda Gibson, <i>SPICES UK – Nottingham Trent University</i> 4. Prof. Harm Van Marwijk, <i>SPICES UK - University of Sussex</i> 5. Prof. Thodi Solene, <i>SPICES South Africa – University of Limpopo</i> 6. Prof. Jean Yves Le Reste, <i>SPICES France – Brest University</i> 	
13:10 – 14:00	GROUP PHOTO AND LUNCH	



LEVERAGING 100 YEARS OF EXCELLENCE
IN BUILDING A TRANSFORMED SOCIETY



14:00 – 15:30	PANEL 2 - Advancing CVD prevention and control efforts	Chair: Dr. Roy William Mayega <i>Makerere University, Uganda</i>
	<p>Panellists</p> <ol style="list-style-type: none"> 1. Ministry of Health plans and what more needs to be done - Dr. Akiya Charles Oyo, <i>Commissioner, Non-communicable diseases department, Ministry of Health, Uganda</i> 2. Value for Money in CVD prevention and control - Dr. John Omagino, <i>Executive Director, Uganda Heart Institute</i> 3. The role of civil society in CVD prevention and control – Dr. Susan Nakireka, <i>Uganda NCD Alliance</i> 4. CVD prevention and politics – Hon. Dr. Nicholas T. Kamara, <i>Chair of Parliamentary Forum for NCDs and MP, Kabale Municipality</i> 5. CVD prevention and control and the district and primary healthcare levels – Dr. Stephen Mulindwa, <i>District Health Officer, Mukono district</i> 	
	CLOSING SESSION 15:30 – 16:50	Chair: Prof. Rhoda Wanyenze, <i>Makerere University, Uganda</i>
15:30 – 15:40	Key takeaways from the scientific meeting - <i>Chair of Organising Committee and Project Manager, SPICES Project</i>	Dr. Geoffrey Musinguzi <i>Makerere University, Uganda</i>
15:40 – 15:50	Overview and next steps for the SPICES Project – <i>Co-Chair of Organising Committee and Project Coordinator, SPICES Project</i>	Prof. Hilde Bastiaens <i>University of Antwerp, Belgium</i>
15:50 – 16:00	Remarks by the Vice Chancellor, Makerere University	Prof. Barnabas Nawangwe
16:00 – 16:10	Remarks by the CDC Uganda Country Director	Dr. Lisa Nelson
16:10 – 16:20	Remarks by the WHO Country Representative in Uganda	Dr. Yonas Tegegn Woldemariam
16:20 – 16:30	Remarks by the Ambassador / Head of Delegation of the European Union in Uganda	H.E. Attilio Pacifici
16:30 – 16:50	Closing remarks by the Guest of Honour - Minister of Health, Uganda	Hon. Dr. Jane Ruth Aceng
16:50	TEA AND DEPARTURE	

